**Parkinson’s Foundation**: <https://www.parkinson.org/>  
*Better Lives Together.*

* Understanding and Living With Parkinson’s, Resources & Support

**The Michael J. Fox Foundation for Parkinson’s Research**: <https://www.michaeljfox.org/>   
*Eliminate Parkinson’s disease in our lifetime.*

* Ask the MD, Webinars & Podcasts, Real Talk From Patients, Buddy Network

**Davis Phinney Foundation:** <https://davisphinneyfoundation.org/>   
*We help people with Parkinson’s live well today.*

* Webinars, Podcasts & Videos
* Care Partner Training and Support Hub

**Parkinson’s Wellness Recovery (PWR):** <https://www.pwr4life.org/>   
*Helping people with Parkison disease improve quality of life through research-driven exercise.*

* PWR Virtual Experience (guided plans to work out, pre-recorded exercise classes and more)
* Workshops and Education

**Rock Steady Boxing:** <https://www.rocksteadyboxing.org/>   
*Improve the quality of life of people with Parkinson’s Disease through a non-contact, boxing-based fitness curriculum.*

* Find a Clinician – Find a Class

**Veterans Administration**

1. Form 21-0845 (third party authorization form allowing information sharing between caregivers, physicians, spouses and the VA): <https://www.vba.va.gov/pubs/forms/vba-21-0845-are.pdf>
2. Caregiver Support Program: <https://www.caregiver.va.gov/>
3. Program of Comprehensive Assistance for Family Caregivers: <https://www.va.gov/family-member-benefits/comprehensive-assistance-for-family-caregivers/>
4. National Caregiver Training Program: <https://www.dementia.cindrr.research.va.gov/docs/va_caregiver_workbook.pdf>
5. Building Better Caregivers: <https://va.buildingbettercaregivers.org/>
6. Caregivers First: <https://www.caregiver.va.gov/support/Caregivers_FIRST.asp>

**Finding Hospice Care Near You:** <https://www.medicare.gov/care-compare/?guidedSearch=Hospice&providerType=Hospice>

**Helpful Books**

* Every Victory Counts Manual for Care Partners: <https://davisphinneyfoundation.org/introducing-the-new-every-victory-counts-manual-for-care-partners/>
* The 36-Hour Day A Family Guide to Caring for People Who Have Alzheimer Disease, Other Dementias, and Memory Loss (A Johns Hopkins Press Health Book): <https://www.amazon.com/36-Hour-Day-sixth-Alzheimer-Dementias/dp/1421422239>
* When Reasoning No Longer Works: A Practical Guide for Caregivers Dealing with Dementia & Alzheimer’s Care by Angel Smits (2022 edition – large print also available)